

MENU – WEEK OF March 14, 2016

Supplemental Breakfast

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk	1% milk	1% milk	1% milk	1% milk	1% milk
Vegetable/Fruit	Green apples	Banana	Red apples	Banana	Oranges
Grains/Bread	Vanilla low fat yogurt	Banana muffins	Oatmeal	Waffles	English muffins

Lunch

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Milk	1% milk	1% milk	1% milk	1% milk	1% milk
Vegetable/Fruit	Apricot	Peach	Pear	Mandarin oranges	Apple sauce
Vegetable/Fruit	Steamed beans	Mixed vegetables	Tossed green salad	Mashed potatoes	Cauliflower
Grains/Bread	Baked ziti	Brown rice	Pizza	Corn	Macaroni
Protein	w/ ricotta & mozzarella	Chicken Rustica	w/ mozzarella cheese	Grilled chicken	& cheese

Snack

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Water					
Grains/Bread	Cheez It crackers	Ritz crackers	Pretzels	Chocolate chip cookies	Saltine crackers
Protein			Hummus		Muenster cheese
Fruit / veggie	Cantaloupe	Cucumber		Cantaloupe	



Whole milk will be served to children 12 months and older.

The center milk is organic.

Please refer to the Infant food plan for children 6 weeks to 18 months.